



OUR COMMUNITY. OUR MOUNTAINS. OUR FUTURE.

EpicPromise partners with more than 250 nonprofits each year with more than \$7M in financial support and 20,000 hours of volunteer time. Below is a list of South Lake Tahoe area nonprofit organizations currently looking for volunteers.

Please contact epicpromise@vailresorts.com or 303.404.1106 with questions or concerns

Volunteer Opportunity of the Month:

NORTHSTAR, CA June 16th, 17th or 18th

Join the **TRUCKEE RIVER WATERSHED COUNCIL** for a morning of hands-on streamside water quality monitoring. Data will be used to identify restoration and protection needs. This is a family friendly event offered on three days this summer. To sign-up or to get more information, contact **EBEN SWAIN**.



Adventure Risk Challenge seeks to integrate literacy and wilderness programming to empower underserved youth to make changes in their lives and communities. Visit www.arcprogram.org for more information.

Arts for the Schools' mission is to enhance our children's education and foster a lifelong appreciation of the creative arts for students. They provide art education programs to PreK-12 students and children from Truckee, California to North Lake Tahoe communities and Incline Village, Nevada. Visit www.artsfortheschools.org to find out how to get involved.



Big Brothers Big Sisters

Big Brothers Big Sisters of Nevada County and North Lake Tahoe provides successful mentoring relationships for children facing adversity, contributing to better schools, brighter futures, and a stronger community for all. Visit www.bigsofnc.org to Start Something BIG!

Boys & Girls Club of North Lake Tahoe has been a cornerstone of the North Lake Tahoe/Truckee community since opening its doors in 1998. Serving some 1500 youth annually, BGCNLT provides a safe, structured and positive environment for young people before and after school, during holidays and summer vacation. Visit www.bgcnlt.org for more.



Disabled Sports USA Far West leads the way in adaptive sports and recreation for people with disabilities. Their programs promote education, socialization and employment and help turn tragedy into triumph by instilling in participants the knowledge that it's not their disabilities, but their abilities that count. Visit www.dsusafw.org for more.

Girls on the Run—Sierra Nevada inspires girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. It is a life-changing, non-profit program for girls in the 3rd through 8th grade. Visit www.girlsontherunsierras.org to get involved!



Project MANA's mission is to reduce the incidence of hunger and its detrimental effects upon individuals, families, the community and the region. In addition to providing hunger relief, we have developed programs designed to alleviate the causes of hunger and promote nutrition through education and awareness. Visit www.projectmana.org for more.

Sierra Avalanche Center functions as a partnership between the US Forest Service and is a not for profit organization known as Sierra Avalanche Center. These entities have partnered through a formal agreement to provide a quality product for the public and affected agencies. Visit www.sierraavalanchecenter.org for more.



Snowboard Outreach Society (SOS) serves 5,000 at-risk youth between the ages of 8 and 18 annually. SOS uses year-round, outdoor sports to engage underserved students in long-term mentor based relationships. The core value curriculum integrates outdoor experiential learning, character development, community service, values-based leadership development, social justice advocacy, and peer mentoring. Visit www.sosoutreach.org.

The Sugar Pine Foundation is dedicated to saving Lake Tahoe's sugar pines and other white pines from blister rust by educating and involving the local community in hands-on forest stewardship. Since 2008, we have planted over 70,000 trees with local students and community members! Visit www.sugarpinefoundation.org for more information.



Tahoe Forest Health System Foundation creates a culture of collaboration which facilitates the exploration of creative opportunities and solutions that result in excellence in community health care. Visit www.tfhd.com.

Tahoe Food Hub is a non-profit organization that is working to restore local food distribution by building a regional food system for North Lake Tahoe. It increases access to nutritious, ecologically grown food by creating a network of regional farms within 100-miles of North Lake Tahoe and is committed to reducing food insecurity by sourcing food regionally and ensuring equal access. Visit www.tahoefoodhub.org to find out more.





The Tahoe Institute for Natural Science seeks to advance the natural history, conservation, and ecosystem knowledge of the Tahoe region through science, education, and outreach. Visit www.tinsweb.org to find out how to get involved today!

Tahoe SAFE Alliance's mission is to end the incidence and trauma of intimate partner/domestic violence, sexual violence and child abuse in North Lake Tahoe and Truckee. Volunteers are a vital part of Tahoe SAFE Alliance's success, so click [here](#) to find out how to help



The Truckee Donner Land Trust seeks to preserve and protect scenic, historic and recreational lands with high natural resource values in the greater Truckee Donner region. Volunteers are able to join in trail construction, maintenance, signage installation, and construction of picnic areas and campgrounds. Visit www.tdlandtrust.org to find out more.

The Truckee River Watershed Council identifies, coordinates, funds and implements restoration, prevention and monitoring projects directly related to the health, beauty, and economy of the watershed. Combining ecological principals and a deep understanding of our region's values, it focuses on the root causes of threats to the Truckee River watershed. Visit www.truckeeriverwc.org.



The Truckee Trails Foundation (TTF) is a volunteer based organization that envisions creating a system of trails that will connect people and places, reduce the community's dependence on automobiles, and improve physical, social, and environmental health. Truckee Trails also advocates for the proper building and maintenance of trails aiming for safe and environmentally sustainable trail building practices. Visit www.trucketrails.org.